



THE SPANDA MONITOR

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Welcome to the first Spanda Monitor of 2021!

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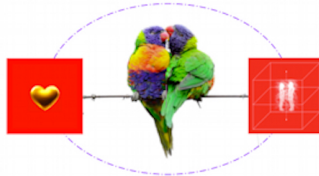
Shifting the Paradigm

Dear Friend,

Happy New Year! We hope this new issue finds you safe and healthy. At Spanda we have been busy in the past months as we wrapped up our 2020 programming. Now in 2021 we are looking forward to advancing these same themes and initiatives amid a fast-changing world. Yet, what we perceive as a change in the phenomenal world is nothing but the reflection of a broader meta-change taking place in the collective consciousness. A consciousness becoming self-aware, humankind's rite of passage to a higher collective breadth implementing the change beyond mundane contingency.

A new global mindset, the real immunisation to any viral time, is emerging as the novel value system of the evolving human condition accompanied by an innovative individual, cultural, social, economic and political perspective integrating all former settings in a collection of fresh tenets: justice, equality, solidarity, compassion and collective intelligence alongside digital realms and quantum leaps. And an enlightenment no longer as a personal affair but as the shared human consciousness stirring the intelligence of the community to a higher order of integration and performance. As always, our projects and initiatives are focused on increasing awareness and adding social value by fostering creative solutions that may serve a higher common good, advance human progress and enrich communities towards a more just, sustainable and peaceful world. Below, are some highlights of what we are currently busy with.

THE MEETING IN THE CAVE: FROM POLARISATION TO INCLUSION (MITC) PROJECT.



The *Meeting in the Cave: from Polarisation to Inclusion* project is a non-profit endeavour of cultural philanthropy which Spanda has been working for a few years and that started to materialise in 2020. It is a future-oriented artwork seeking to put the metachange into context by implementing actions that facilitate the transition and ground the new chapter.

The work depicts the contradiction of time and the evolution of consciousness in a sensory way through the operatic narrative of the protagonists, the polarised Royal Couple — the Feminine and the Masculine, the Centre and the Periphery, the Establishment and the Margin, the Esoteric and the Exoteric — exploring the space and the dynamics of their interrelation throughout their journey along the ladder of consciousness. It builds on the sevenfold paradigm — the seven dimensions of consciousness, the seven colours, the musical notes, the chakras, etc. — and seven sub-narratives of daily concern: polarisation, gender, equality, rights, ecosystem, A.I, and spirituality, unfolding the path of awareness of the polarised protagonists on their way to meeting on a shared plan and shifting the paradigm to a new phase.

About the project

Technically, MitC is a site-specific opera-installation and a 21-day long performance on the territory by the Italian artist Sahlan Momo. It is an immersive multi-stakeholder new artform set to be performed in New York City on a selected area stretched between the poles of the split *Royal Couple*, the *Eye* and the *Cave* metaspaces venues, the endpoints of the sevenfold paradigm

conveyed on the territory. Synchronic, yet spatially displaced respectively at the city centre and the periphery, the Establishment and the Margin, the Eye and the Cave are in a digital dialogical mode, casting each dimensions of consciousness into a different geo-cultural area, innervating in the intervening urban territory the other five topographic nodes of the paradigm, the Nodal Partners, immersing the audience and bystanders in a flow of awareness streaming across the different demographics of the city, igniting the collective intelligence of the community to a higher synthesis.

To gain insights of the work, set to be premiered on the 2022 spring equinox when the day and night polarities are balanced, from mid 2021 the *Streaming Consciousness*, a cycle of seven public live streamed meetings, will be hosted and released by the *Spanda Journal* via the Spanda Web TV and the relative social media outlets.

Each release is a one hour full-spectrum monographic episode featuring a live conversations with one or more expert speakers sharing with the online audience their experience and insights on one of the seven sub-narrative of the work — polarisation, gender, equality, rights, ecosystem, A.I, and spirituality — followed by the performances of actors, singers, dancers and musicians of the MitC opera company, altogether, one hour of consciousness. The recorded streams will be available on the *Meeting in the Cave* website and relative outlets.

Meeting in the Cave: from Polarisation to Inclusion advances several Sustainable Development Goals (SDGs): it ensures healthy lives upholding well-being for all at all ages (Goal 3); promotes life-long learning opportunities for all (Goal 4) by fostering a culture of peace and non-violence, global citizenship and appreciation of cultural diversity, gender equality, and building peace in communities (4.3); makes cities and human settlements inclusive, safe, resilient and sustainable (11) by strengthening efforts to protect and safeguard the world's cultural and natural heritage (11.4), and promotes peaceful and inclusive societies (16). Spanda, in Consultative Status with the UN-ECOSOC, will convene during the 2022 UN General Assembly (UNGA) the side-event *Awareness, Culture & Development in the Digital Age* to contribute in shifting the global attention from Economics to Culture as primer driver for a self-sustainable development.

To know more about the MitC project and its development, please read here. If you want to be involved in this project or help to raise awareness, contact us.

THE MANTRA PROJECT AND ITS MAPUCHE CHAPTER (MC).



To engage in practical deeds on the territory and to alleviate the most pressing grievances of the Chile indigenous Mapuche population, in 2015 Spanda, together with the local communities, devised the Mapuche Chapter as an extension of its *Mantra* project to support the population in building up their very own capabilities and improve their living conditions through their own strength.



Now, thanks to the generosity of one of our donors who wishes to remain anonymous, we can bring forth the project by providing our local partner, the Universidad de la Frontera in the Araucanía Region in the Southern Chile, with the financial means necessary to set up a multiyear higher education programme. The programme aims at closing the digital gap in the Lorenzo Milahual indigenous Pehuenche community, part of the Pucón commune on the eastern shore of the Lake Villarica and the Villarica volcano, sited at about 800 km south of Santiago, the Chilean capital city. Thanks to its

relatively stable summer climate and its striking natural surroundings which include volcanos, lakes, waterfalls, nature reserves and hot springs it makes a popular destination attracting national and foreign adventure tourism. During the first year of the programme we will implement a multipurpose technological community centre, to train sixty young students, adults and elder Pehuenche indigenous people with ICT capabilities to their own needs in the areas of sustainable eco-tourism entrepreneurship and to strengthen their community heritage and local history.

[*To be continued*].

Source. Excerpted from Sahlan Momo, *Meeting in the Cave. From Polarisation to Inclusion – An Outline*. (Semar: The Hague, 2020); project’s website, *et varia*. References & Glossary omitted.

Planned Spanda Monitor issues on the *Meeting in the Cave* project: **0.** *Shifting the Paradigm* – Introduction - The Royal Couple. The Polarities. **1.** *Leaping out of Retreat* – The *Eye* metaspaces. The feminine polarity – The artists’ book *Meetings with Remarkable Women - The Red Book*. **2.** *Humans are Multidimensional Beings* – The *Cave* metaspaces. The masculine polarity – The opera *Cave 3.0. A Laic Initiation - The Cave Quantum Company & The Eye Cyber Ensemble*. **3.** *Unveiling the Cup* – The *Nodal Partners* and the *Virtual Matrix* metaspaces - Structural Layout - Overture - The *Cave 3.0*’s seven scenes, Entr’acte, Epilogue, and Grand Finale. **4.** *Being & History* – The Place & the Environment. **5.** *Unmapping the Territory* – The Flow – The Survey & the Research study - *The White Book* findings. **6.** *Streaming Consciousness* in the virtual realm. A virtual action. **7.** *The Lila’s Game*. **8.** *Awareness, Culture & Development in the Digital Age*, the UNGA side-event. **9.** *The Black Book*. Documentation of the process, of which this *Monitor* is a particle.

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No global development without individual development.

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Spanda Foundation’s free programs, journals, newsletters, podcasts, streams, videos, etc., are made possible through the generous donations of supporters like you. If you feel inspired and aligned with the aims of the project and like taking an active conscious part in implementing the new collective paradigm, consider making a tax-deductible gift to the Foundation. We thank you for your support, yet the most precious rewards for contributing to this global community endeavour to enhance the common good are high energies and good vibes freely spread with loving care.